

PLEASURE PSYCH™ SEXOLOGY RETREAT

LEADERS



MOUSHUMI GHOSE, LMFT



KELLY JONES, LMFT



WAYNE LESANE, CSRC

Find your VOICE

Taking place at a cozy private residence amidst the pine woods and gorgeous mountain forests in beautiful Oregon, your weekend will be an extravaganza of activities, workshops, experiential growth modules, and so much more designed to help you feel supported in your journey towards becoming a sex therapist and/or coach!

🔥 Our first, experiential in-person training

🔥 5 Day Immersion Retreat!

🔥 Deepen your sexology therapy and intimacy coaching practice



SCHEDULE

Thursday, April 10

Afternoon/
Evening

Arrivals!

7pm -9pm

Welcome Group
Introduction to Retreat
w/champagne and
snacks

Fri, April 11-Sun, 13

Monday, April 14

Morning

Breakfast

Morning/
Afternoon

**Depart/
Transportation to
PDX**

Friday, April 11

7-7:45am **Breakfast, housekeeping**

8am-9am **Creativity in your work
intention setting with
journal prompts**

9:30-
11:30 am **Healing Trauma &
Betrayal in
Couples/Partners Work**

12pm-1pm **Lunch**

1pm-2pm **Vignette: Individual
Client (Kelly)**

2pm -4pm **Dismantling Harmful Tropes
Around Sexuality &
Redefining Sex**
+
**Fluidity in Relationships,
Gender and Sexuality**

4:30pm-
5:30pm **Sex ed support group
session**

Was there ever a time when you didn't
feel like your socially assigned gender?

6pm-
7pm **Dinner**

7:30pm **Relax, network, chat**

Saturday, April 12th

6am-7:30am Sunrise Forest Walk (optional)

8am-9am Breakfast, housekeeping,

9am-10:00am Somatic Body Scan, journaling

- Journal about sex work
- Would you do it? Why or why not?
- Would you pay for sex?
- Sex as Erotic Labour

10:15 am-12: pm Sex Addiction is NOT A Thing

12-1PM Lunch

1:15pm-2:15pm Vignette: Couple (the woman is a Surrogate)

2:15pm-3:15pm Sex ed support group Let's Talk About Sex Work/Consent/SA

4pm-6pm Public Speaking with Teri Untalan
Experiential Practice

6:30pm-7:30pm Dinner

8pm-11pm Kinky Party!
with tarot reader and costume contest



Teri Untalan

Singer, songwriter, violist & educator, Teri Untalan has performed & recorded as a solo artist and a backing musician up and down the west coast with the likes of Ages & Ages, Oh Captain My Captain, Prince guitarist Miko, San Francisco's Brad Brooks and Portland based Alan Singley & Pants Machine to name a few. She has been a Regional Arts & Culture Council grant recipient, a featured artist in first Asian American Music Conference's Artist Showcase & Pacific Fusion TV. In her most recent years she's focused on bringing empowerment to marginalized groups through her work with Rock'n'Roll Camp for Girls & Ladies Rock Camp as well as to all her teaching community in her private practice. She's released her first single "Aura of Love" off her new album coming out this year. www.teriuntalan.com

Sunday, April 13th

6am-8am **Sunrise Hike (optional)**

8am-9:15am **Breakfast, housekeeping**

9:15am-9:45am **journaling with prompts**

- Journaling about betrayal
- When did you experience betrayal?
- What is infidelity?

10am-12pm **Return to the Page: Using Creativity**

Growing Your Business, Writing Your Book, Social Media, Imposter Syndrome, Signature Programs

12:15pm-1:15pm **Lunch**

1:30pm-2:30 pm **Toxic Concepts in Monogamy and Dating**

- How can non-monogamy be toxic vs transformative?

2:45PM-3:45pm **Vignette: a throuple**

4pm-5pm **Support Discussion Group: How Do We Normalize ENM/Kink/ BDSM**

5:30 pm-6:30 pm **Dinner**

7pm-8:30pm **Closing group: Post Retreat Self Care and goodbyes**

8 30 pm **relax, network, chat**

THINGS TO DO

PORTLAND

[14 Things to See and Do in Portland, OR](#)

[The 38 Best Restaurants and Food Carts in Portland](#)